

Wise Up...Walking in Wisdom or Folly Scriptures Lesson 6

Summary Page "Wisdom for a Wife's Sexuality"

Proverbs 5:18 "May your fountain be blessed, and may you rejoice in the wife of your youth."

1) May your fountain be blessed," Describes the intimate sexual relationship for the delight of a married couple, blessed by God. It is to be established, exclusive and restricted to marriage.

Read DJB "God's Design for Marriage" p11

Genesis 2:24-25 "That is why a man leaves his father and mother and is united with his wife, and they become one flesh. Adam and his wife were both naked and felt no shame."

2) "may you rejoice in the wife of your youth." Always do your best to keep your marriage interesting, fun, and fresh. Find joy in small and common things. Keep God in the center.

1 Corinthians 7:5 "Do not deprive each other except perhaps by mutual consent, and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control."

Read "The Gift of Sex" DJB p1577.

1 Corinthians 7:3 "The husband should fulfill his marital duty to his wife and likewise the wife to her husband." Paul's assurance of the necessity and divine beauty of sexual union in marriage.

Proverbs 5:15 "Drink water from your own cistern, running water from your own well." Falling prey to lust leads inevitably to the serious trouble of a person's life and community.

Proverbs 5:18-19 "May your fountain be blessed, and may you rejoice in the wife of your youth. A loving doe, a graceful deer—may her breasts satisfy you always, may you ever be intoxicated with her love."

Proverbs 5:23 "For lack of discipline they will die, led astray by their own great folly." When marriage is viewed mainly as a business arrangement, human passion seeks other outlets. Pictures the foolishness of sexual promiscuity; one should neither seek nor offer sex to anyone other than his or her spouse. It is destructive to the marriage, family and to one's self.

"Wisdom for a Wife's Sexuality" Lesson 6 page 1

Genesis 2:18, 2:22, 2:24-25 See above.

Read "The Price of Immorality" DJB p 810

God wants His children to be sexually healthy.

"Wisdom for a Wife's Sexuality" Lesson 6 page 2

Proverbs 5:15-17 "v16 Should your streams overflow into the streets, your streams of water in the public squares" v17 "let them be yours alone, never to be shared with strangers." Streams and water are often used to portray sexual intimacy in biblical literacy.

"Wisdom for a Wife's Sexuality" Lesson 6 page 3

Genesis 2:24-25, Proverbs 5:15-18, 1 Corinthians 7:2-5 See above.

Lesson 6

Wisdom for a Wife's Sexuality

Memory Verse: Proverbs 5:18 "May your fountain be blessed, and may you rejoice in the wife of your youth."

What warning (information to help us know right from wrong) did God show us?

1 Corinthians 7:5 "Do not _____ each other except by mutual _____ and for a time.." Gen 2:24-25 They were _____ and became one _____. They were both _____ and felt no _____.

What instructions (actions that we should take) did God give to us? 1 Corinthians 7:3 "...should fulfill his marital duty and likewise the _____ to her husband.

Proverbs 5:15 "Drink water from your own _____...from your own _____."

What benefits (the results of choosing wisdom) did God tell us about? Pr 5:18-19 May your fountain be _____ and may you _____ in the _____ of your youth. ...may her breasts satisfy you _____, may you ever be captivated by her _____.

What are consequences (results of being a fool) for not choosing God's wisdom?

1 Corinthians 7:5 "...come together again so that Satan will not tempt you because of your lack of self-control." Proverbs 5:23 He/she will die for lack of _____, led astray by his/her own great _____.

Word Study:

- 1) Compete: to try to outdo another for supremacy, a contest. The wife refused to compete with her husband.
- 2) Completed: lacking nothing, entire, perfect in kind or quality. God completed the man when He created woman from the man's rib.
- 3) Intimacy: a close, affectionate, loving personal relationship. An emotional and physical communion with another person. Their personal intimacy grew in time
- 4) Monogamy: the practice of marrying only once during life.
- 5) Participation: to take part in some action, to join in. Participation is not required
- 6) Perversity: evil, immoral, sinful, repulsive, offensive. Perversity is a sin.
- 7) Relationships: connection, friendship, bond, dependence. Communication in the relationship is very important.
- 8) Self-esteem: confidence, self worth, pride. Her self-esteem grew in the relationship.

Life is about *relationships*. We all need them. The Bible is a relationship book. God created Adam and it was good but he was alone. The Lord God said "It is not good for the man to be alone. I will make a helper suitable for him." (Genesis 2:18) So God created woman from Adam's rib and brought her to the man (v2:22)

In Genesis 2:24-25 we are told they are "united" and "they will become one flesh." "The man and his wife were both naked, and they felt no shame." The woman **completed** the man. She was a completer not a **compete-or**. Author Matthew Henry described them this way, "...she came not from his head to be over him nor from his feet to be walked on by him but from his side to be equal to him and near his heart to be loved by him and from under his arm to be protected by him."

This is the key to our discussion today.

- Most important in life are our _____.
- God created man and "a helper suitable for him" _____.
- They were both _____ and felt no _____. They were one _____.
- She came from his side to be _____ to him and near his _____ to be _____ by him and from _____ his arm to be _____ by him.

Let's read Proverbs 5.

God wants His children to be _____. It is not just about reaping what we sow but it gets into ever part of our life. The Word of God is how we know what is sexually healthy. God purposefully and intentionally created sex for pleasure within the marriage relationship and not just for having children. We are to enjoy our mate.

In Steveson's writings on Proverbs he explains "The sexual union, the highest expression of the unity that marks the couple's love relationship, must not be taken lightly." This is how they become one. Sexual *intimacy* does not just meet sexual needs. 1) It raises *self-esteem*, 2) makes us feel closer to one another, 3) makes a woman feel young, cute, desirable 4) it provides your man an opportunity to be your hero! As a woman you need to feel loved. As a man he needs your respect.

Please do not misunderstand. If there is an adulterous or abusive relationship in your home get with a good marriage counselor and fight for your marriage and family. Don't wear a mask. You must confront these issues to change a bad marriage relationship. Women, find an experienced Christian woman counselor to help you. There is hope, a resurrection to love again. God can heal and give you joy again. But He is clear that *monogamy* is His way. Proverbs 5:15-17

To be healthy sexually in the presence of so much cultural *perversity* cannot be an accident. It will not just come naturally. We must put forth a positive determination to make it happen. Not only for ourselves, but for our children.

We are under sexual assault from all around us. Name a few: _____
_____ and even driving down the street or roadway with billboard's advertising everything you can imagine. **This is to keep our carnal appetites awakened.** My grandparent's didn't have this problem. What about yours? Was this true in your country? There was a long distance between temptation and *participation*. Not so anymore. It has been greatly shortened. Pornography and prostitution are to be had at the click of a button.

How do we know if the sex is unhealthy?

- If we think sex is disgusting or distasteful. We've been taught as young girls and women that it is awful, disgusting and not to be done. Then the wedding day comes and we tell our daughters it's wonderful and fulfilling.
- If it is perverse. Pornography, homosexual, etc.
- If it is about addiction and not affection. To have a desire or lust for your spouse is one thing but having sex with many partners and anyone is an addiction. Let's read 1 Corinthians 7:4-5 Now let's think about this quote from Tyndale on Proverbs: "But it is highly important to see sexual delight in marriage as God-given; and history confirms that when marriage is viewed mostly as a business arrangement not only is God's bounty not understood, but human passion looks for other outlets." The marriage isn't just about having two incomes and the ability to buy things.

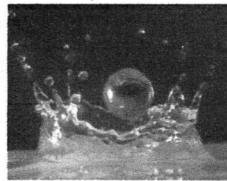
To be desired by my husband is a good thing not a bothersome thing. If we set aside our personal needs to meet the needs of another—God blesses that.



Proverb-ial ways to fan the flame

This is the “how to” part girls!

- Be loving to him. When he kisses you, kiss him back. Hold hands. When you are making love, keep the hands moving during intimacy.
- He married you because you looked lovely to him. (v 19) Lose the sweat pants, the T shirt and the pony tail! Who do you dress for? Why?
- Treat him as desirable. Flirt with him. Send him texts during the day. If you have a pet name use it often. If you don't then create one!
- Pray to thrill to his touch, respond to him. Keep it alive, fun even surprising.



Thou Shalt Not Throw Cold Water

This is what “not to do” girls!

- JUST LAY THERE or say things like “can you make it quick”.
- Think about a by-gone relationship anytime. Let it go!
- Have any other kind of sexual outlet other than with your man!
- Sex in the head erodes sex in the bed.
- You can train him not to want you, but not to want. Should he go shopping?

To have a God-blessed, healthy and fulfilling marriage, we must have intimate interaction with our husbands. We never want our husband's to think they must compete with God for sexual intimacy. Biblically speaking, God blesses sexually healthy marriages. We must starve what we want to die down. Keep your thoughts, desires and actions within the confines of your marriage relationship as God created it in Adam and Eve, Genesis 2:24-25 between a man and a woman. As He blessed it in Proverbs 5:15-18 in the marriage, and as He defined it in Corinthians 7:2-5 to fulfill one another. Don't just have sex...MAKE IT GOOD!

Sexual Purity: What to Know!

For the ways of a person are in front of the LORD's eyes, and the LORD weighs all that person's paths.
Prov 5:21

For the eye is the lamp of the body. If then your eye is healthy, your whole body will be full of light. Mt 6:22

Flee sexual immorality! "Every sin a person commits is outside of the body" -- but the immoral person sins against his own body. 1 Cor 6:18

Now the works of the flesh are obvious: sexual immorality, impurity, depravity, idolatry, sorcery, hostilities, strife, jealousy, outbursts of anger, selfish rivalries, dissensions, factions, envying, murder, drunkenness, carousing, and similar things. I am warning you, as I had warned you before: Those who practice such things will not inherit the kingdom of God! Gal 5:19-21

For this is God's will: that you become holy, that you keep away from sexual immorality, that each of you know how to possess his own body in holiness and honor, not in lustful passion like the Gentiles who do not know God. 1 Thes 4:3-5

Sexual Purity: What to Do!

I continually look to the LORD for help, for he will free my feet from the enemy's net. Ps 25:15

Create for me a pure heart, O God!
Renew a resolute spirit within me! Ps 51:10

How can a young person maintain a pure life? By guarding it according to your instructions! With all my heart I seek you. Do not allow me to stray from your commands! In my heart I store up your words, so I might not sin against you. Ps 119:9-11

But I say, live by the Spirit and you will not carry out the desires of the flesh. Gal 5:16

Finally, brothers and sisters, whatever is true, whatever is worthy of respect, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if something is excellent or praiseworthy, think about these things. Phil 4:8

But to death whatever in your nature belongs to the earth: sexual immorality, impurity, shameful passion, evil desire, and greed which is idolatry. Col 3:5

To Be a Godly Wife:



Remain faithful to your husband (1 Cor 7:2).

Follow your husband's lead as the Head of the Household (Eph 5:22-24).

Encourage your husband's faith by being a good example (Col 3:1-2).

Concentrate on inner beauty (Col 3:3-4).

Respect your husband (Eph 5:33).

Be of good character and do not bring shame upon your husband (Prov 12:4).

Be self-controlled, pure, busy at home, kind, and submissive to your husband (Titus 2:4-5).

Yield your body to your husband (1 Cor 7:4-5).

Be patient and kind with your husband; keep no record of wrongs (1 Cor 13:5).

Be clothed in strength and dignity; speak with wisdom; and fear the Lord (Prov 31:25-30).

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To Be a Godly Husband:



Leave your parents and establish your family (Gen 2:24).

Remain faithful to your wife (1 Cor 7:2).

Love, care for, provide for, and protect your wife and family (Eph 5:25-27).

Sacrifice for your wife (Eph 5:25-27).

Support your wife's needs (Eph 5:28-30).

Be patient and kind to your wife (Col 3:19).

Pray with your wife (Matt 18:19-20).

Yield your body to your wife (1 Cor 7:4-5).

Keep no record of wrongs (1 Cor 13:5).

Submit to God as you lead your wife (1 Cor 11:3)

Always protect, trust, hope, and persevere in love for your wife (1 Cor 13:7).

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